



Coast Guard Basic Training Packing List

What You Need to Bring

- Social security card
- One form of Identification
- Up to \$50 in cash
- Wearing weather-appropriate clothing including athletic-type shoes

Things That You Could Bring

There are items you can bring, but if you chose to travel light, these are all available for purchase on base.

- Three white V-neck tee shirts
- Six to ten pairs of white underwear
- Conservative watch
- Wallet
- Cell phone and charger
- Wedding rings
- Nonelectric razor
- Religious book
- Religious medallions
- Address book
- Writing paper, envelopes, and stamps
- Unscented lotion
- Toothpaste and brush



- Body powder
- Small photographs
- Compression shorts
- Invisalign orthodontics (if necessary of course)

Items Permitted for Women Only

- Birth control pills
- Hair ties and pins that match hair color
- Small earrings, one set
- Feminine hygiene products
- Minimal amount of makeup
- Six white or skin color sports bras and a regular bra
- Shampoo and conditioner
- Hair gel

Things You Should Not Bring

- Alcohol
- Pornographic materials
- Glass containers
- Magazines and newspapers
- Drugs
- Tobacco products
- Weapons